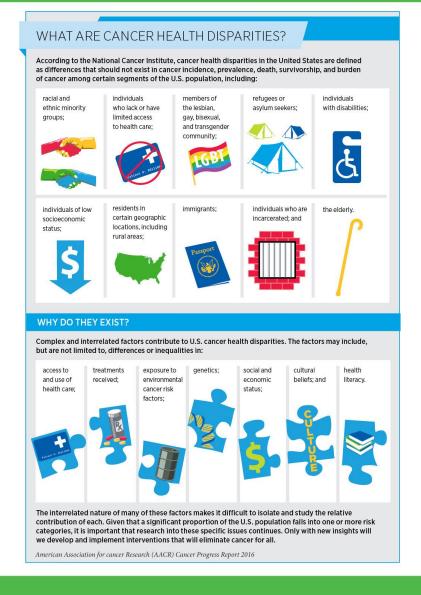


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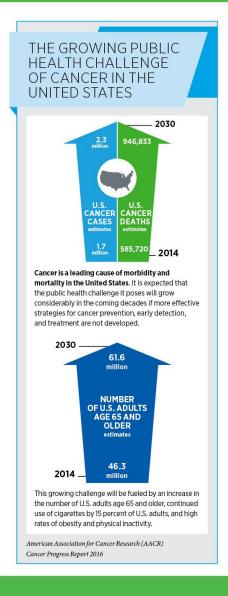




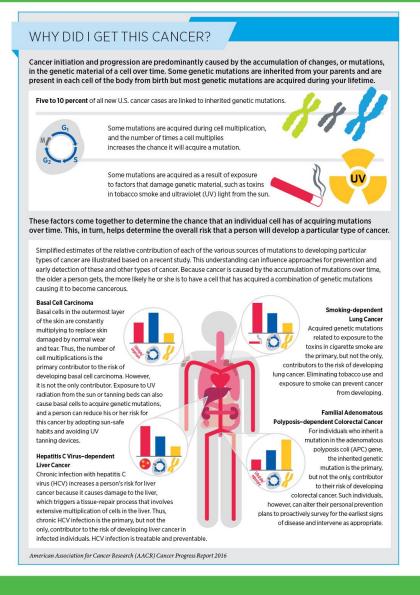


# U.S. CANCER HEALTH DISPARITIES Great strides have been made in cancer prevention, detection, diagnosis, treatment, and, in certain cases, cure. However, not all segments of the U.S. population have benefited equally from these advances. As a result, differences that should not exist in cancer incidence, prevalence, death, survivorship, and burden of cancer exist among certain segments of the U.S. population. Some examples of cancer health disparities are highlighted here: The overall cancer death rate among black men is 27 percent higher than among white men. The overall cancer death rate among black women is 14 percent higher than among white women. MORE THAN Prostate cancer death rates among black men are more than **DOUBLE** double those for any other racial or ethnic group. Hispanic children are 23 percent more likely to develop leukemia than non-Hispanic children. Asians and Pacific Islanders are about twice as likely to develop and die from liver cancer as their white counterparts. American Indian/Alaska Native women are 62 percent more likely to develop kidney cancer than white women, and 80 percent more likely to die from the disease. Colorectal cancer death rates in the lower Mississippi Delta, west central Appalachia, and eastern Virginia/North Carolina are elevated compared with the rest of the United States. Advanced-stage ovarian cancer patients of low socioeconomic status are 32 percent less likely to receive standard overall care compared with those of high socioeconomic status. Lesbian women are less likely to undergo screening for breast and cervical cancer compared with heterosexual women; however, more research is needed to determine whether this finding translates into a disparity in cancer incidence. American Association for Cancer Research (AACR) Cancer Progress Report 2016



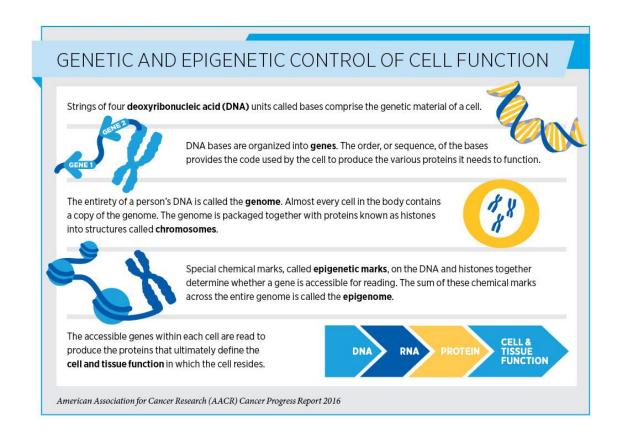


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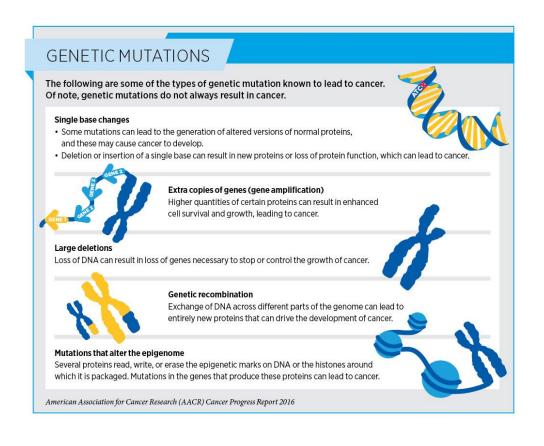




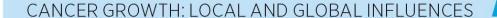
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Solid tumors are much more complex than an isolated mass of proliferating cancer cells because cancer initiation, development, and progression are strongly influenced by interactions among cancer cells and numerous factors in their environment. Among the components of the tumor microenvironment are normal parts of the tissue in which the cancer is growing, systemic factors that transiently percolate through the tissue, and cells that are actively recruited to the tissue.

The **matrix** of proteins that surrounds the cancer cells can influence cancer formation, metastasis, and other processes.



Cancer cells can stimulate the growth of **blood and lymphatic vessel networks**, which supply the cancer cells with the nutrients and oxygen required for rapid growth and survival, and provide a route for cancer cell escape to distant sites (metastasis).

**Systemic factors** in the circulation, such as hormones and nutrients, influence the development and growth of cancer.





The **immune system** can identify and eliminate cancer cells, although in many cases this system is suppressed, permitting the formation and progression of a tumor. In some situations of chronic inflammation, however, the immune system can promote cancer development and progression.

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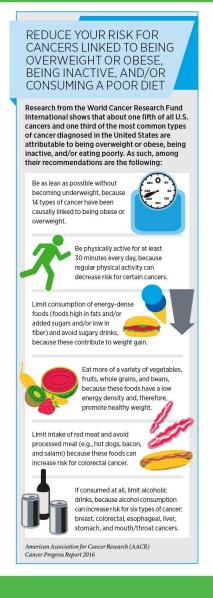
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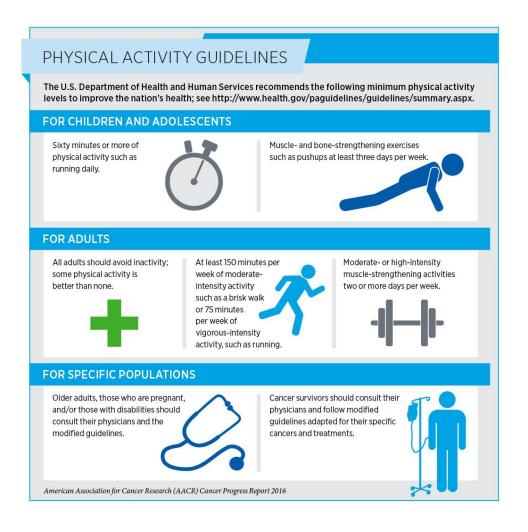


















# INDOOR TANNING LEGISLATION

Use of an indoor UV tanning device increases a person's risk for melanoma by 20 percent, and each additional use increases risk a further 1.8 percent. The U.S. Food and Drug Administration is considering proposals that would ban the use of indoor UV tanning devices by people younger than age 18 and require manufacturers and indoor tanning facilities to take more actions to improve the overall safety of indoor UV tanning devices to protect adult consumers. As of July 31, 2016, legislation banning the use of indoor UV tanning devices by people younger than age 18 is already in place in numerous countries and several U.S. states:

- · Banned all indoor tanning-Brazil and Australia.
- Banned indoor tanning for all people younger than 18-Austria, Belgium, Finland, France, Germany, Iceland, Italy, Norway, Portugal, Spain, and the United Kingdom, as well as California, Delaware, the District of Columbia, Hawaii, Illinois, Louisiana, Minnesota, Nevada, New Hampshire, North Carolina, Texas, and Vermont.
- · Banned indoor tanning for people younger than 18 unless they have a doctor's prescription-Oregon and Washington.



A number of other U.S. states have legislation that imposes less stringent restrictions on the use of indoor UV tanning devices, but eight states have no legislation restricting the

use of such devices: Alaska, Colorado, Iowa, Kansas, Montana, New Mexico, Oklahoma, and South Dakota,

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# PREVENTING OR ELIMINATING INFECTION WITH THE FOUR MAIN CANCER-CAUSING PATHOGENS

# WAYS TO PREVENT INFECTION

# WAYS TO ELIMINATE OR TREAT INFECTION

# U.S. RECOMMENDATIONS

#### Helicobacter pylori



None available

Treatment with a combination of antibiotics and a proton-pump inhibitor can eliminate infection. CDC recommends testing and treatment for people with active or a documented history of gastric or duodenal ulcers, lowgrade gastric MALT lymphoma, or early gastric cancer that has been surgically treated.



· HBV vaccination. · Avoid behaviors that can transmit infection (e.g., injection drug use

and unsafe sex).

Treatment of those chronically infected with antiviral drugs rarely eliminates infection but does slow virus multiplication; this slows the pace at which liver damage occurs and thereby reduces risk for liver cancer.

- · Vaccination part of childhood immunization schedule since 1991.
- · USPSTF recommends screening high-risk individuals—those from countries with high rates of HBV infection, HIV-positive persons, injection drug users, household contacts of HBVinfected individuals, and men who have sex with men-for HBV infection.



Avoid behaviors that can transmit infection (e.g., injection drug use and unsafe sex).

Treatment with any of several antiviral drugs can eliminate infection.

CDC and USPSTF recommend screening those born from 1945 to 1965 for HCV infection.



· Three FDA-approved vaccines.

· Practice safe sex, although this may not fully protect against infection.

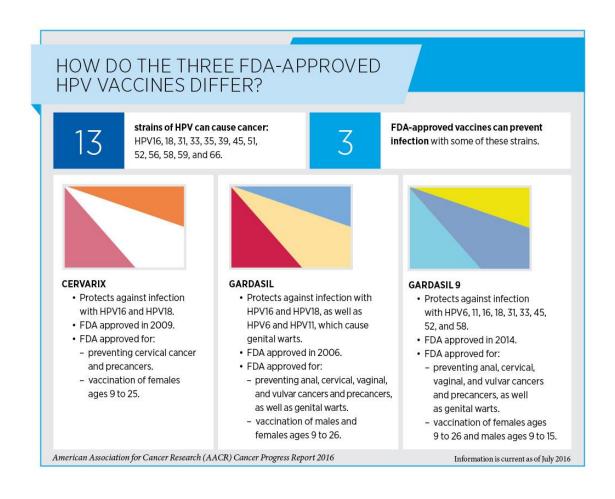
None available.

CDC recommends HPV vaccination for:

- · boys and girls age 11 or 12.
- · women up to age 26 and men up to age 21 who did not receive the vaccine or complete the three-dose course as a preteen.

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# CANCERS FOR WHICH SCREENING TESTS EXIST

Highlighted here are cancer screening tests that have been used in the clinic to screen generally healthy individuals. When to use these tests and in whom is discussed elsewhere.

#### BREAST CANCER



Screening mammogram: Uses X-rays to image the breast.

The information generated by the procedure can be stored on film (a conventional mammogram) or electronically (a digital mammogram).

In most cases, the image is two-dimensional, but some machines generate three-dimensional images in a process called breast tomosynthesis.

Can detect breast cancers that cannot be felt. These cancers can be at any stage of development, but the aim of screening is to find them at the earliest possible stage.

#### CERVICAL CANCER



Pap test: Samples cervical cells. which are analyzed under a microscope to look for abnormalities.

Can detect precancerous or cancerous cervical lesions, but the aim of screening is to find them at the earliest possible stage.



HPV test: Detects the presence of certain cervical cancer-causing types of human papillomavirus (HPV).

Does not directly detect precancerous or cancerous cervical lesions, but identifies people for whom follow-up is recommended

#### LUNG CANCER



Low-dose computed tomography (CT) scan: Uses low doses of X-rays to image the lungs.

Can detect lung cancers that are not causing symptoms. These

cancers can be at any stage of development, but the aim of screening is to find them at the earliest possible stage.

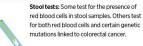
#### **PROSTATE CANCER**



PSA test: Measures the level of the protein prostate-specific antigen (PSA) in blood.

Does not directly detect prostate cancer, but the blood level of PSA is often elevated in men with prostate cancer.

#### COLORECTAL CANCER



Do not directly detect colorectal precancerous lesions or cancers, but rather identify people for whom further testing is recommended.



#### Flexible sigmoidoscopy and colonoscopy: Both use a thin, flexible, lighted tube with

a small video camera on the end to allow physicians to look at the lining of certain parts of the colon and rectum.

Can detect colorectal precancerous lesions or cancers, but the aim of screening is to find them at the earliest possible stage so that they can be removed.



Computed tomography (CT) colonography (virtual colonoscopy) and doublecontrast barium enema: Use X-rays to image the colon and rectum.

Can detect colorectal precancerous lesions or cancers, but the aim of screening is to find them at the earliest possible stage so that they can be removed.



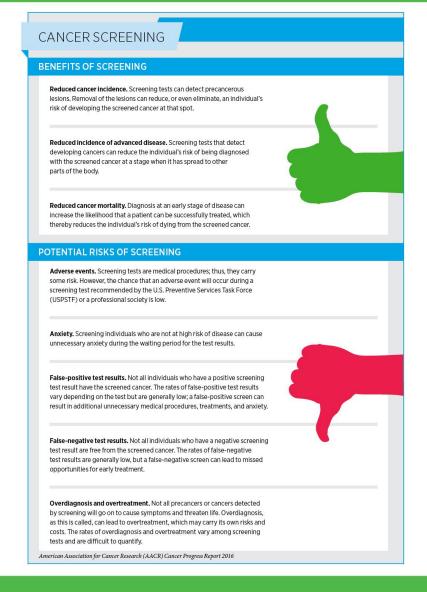
Blood test: Detects epigenetic abnormalities linked to colorectal cancer in blood (see Increasing Options for Colorectal Cancer Screening, p. 57).

Does not directly detect colorectal precancerous lesions or cancers, but rather identifies people for whom further testing is recommended.

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# **CONSENSUS AMONG CANCER** SCREENING RECOMMENDATIONS

The U.S. Preventive Services Task Force (USPSTF) and many professional societies have evidence-based recommendations about the use of cancer screening tests. Here, we highlight consensus, as of July 31, 2016, among cancer screening recommendations from the USPSTF, the American Cancer Society (ACS). the National Comprehensive Cancer Network (NCCN), the American College of Physicians (ACP), the American College of Obstetrics and Gynecology (ACOG), and the American Urological Association (AUA). Not all of the professional societies have recommendations for every cancer screening test.



**BREAST CANCER** 

There is consensus

ACS, NCCN, and

women ages 50-74

who are at average

cancer should have

regular screening

mammograms.

However, there is

variability about

whether this should

be done every year

or every other year.

USPSTF that:

risk for breast

among the

# CERVICAL CANCER

There is consensus

among the ACOG,

ACS, ACP, and

USPSTF that:

· average-risk

women younger

not be screened:

average-risk women

ages 21-29 should

· average-risk women

ages 30-65 should

have either a Pap test

every 3 years or a Pap

test and HPV testing

every 5 years; and

· women older than

65 should not be

screenings with

screened if they have

have a Pap test

every 3 years;

than 21 should

## COLORECTAL CANCER

There is consensus among the ACS, ACP, NCCN, and USPSTF that:

- adults ages 50–75 who are at average risk for colorectal cancer should be screened; and
- adults ages 50-75 should consult with their health care providers to choose the test that is right for them.

Some professional

societies, however, recommend certain approaches over others. The overall previously had regular message is that using any one of the normal results and are not otherwise at high approved tests is better than not risk for cervical cancer. being screened.



# **LUNG CANCER**

There is consensus among the ACS, ACP, and USPSTF that:

- · screening with low-dose computed tomography should be limited to adults ages 55-79 who are at high risk for lung cancer because they have smoked at least one pack of cigarettes per day for 30 years. or the equivalent (two packs per day for 15 years, etc.), and who currently smoke or have guit within the past 15 years.
- The USPSTF recommends annual screening for these individuals, whereas the ACS and ACP recommend these individuals talk to a physician about the benefits and potential harms of screening before deciding if it is right for them.



## PROSTATE CANCER

There is little consensus among the ACS, ACP, AUA, NCCN, and USPSTF with recommendations ranging from do not screen at all to screen regularly. That said, the ACS, ACP, and AUA all recommend that men ages 55-69 who are at average risk for prostate cancer talk to a physician about the benefits and potential harms of PSA testing before deciding if screening is right for them.

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# HOW DO I KNOW IF I AM AT HIGH RISK FOR DEVELOPING AN INHERITED CANCER?

Among the factors to consider are whether, in your family, there is one or more of the following:

many cases of an uncommon or rare type of cancer (such as kidney cancer);

members diagnosed with cancers at younger ages than usual (such as colon cancer in a 20-year-old);

one or more members who have more than one type of cancer (such as a female relative with both breast and ovarian cancer); and one or more members with cancers in both of a pair of organs (such as both eyes, both kidneys, or both breasts);

more than one childhood cancer in a set of siblings (such as sarcoma in both a brother and a sister);

members with a type of cancer usually occurring in the opposite sex (such as breast cancer in a man).

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# DIRECT-TO-CONSUMER GENETIC TESTING

Direct-to-consumer (DTC) genetic tests are marketed directly to consumers, in contrast to tests that are ordered by a physician for a patient. This growing form of testing, also known as at-home testing, allows a consumer or patient to obtain access to his or her genetic information without necessarily involving a doctor or insurance company in the process. Below are a number of important facts about DTC genetic tests.

# Potential Benefits of Using DTC Genetic Tests

These tests may encourage and empower consumers to take a proactive role in their health care.



# Potential Risks of Using DTC Genetic Tests

These tests may mislead or misinform people about their health status.



## DTC Genetic Tests and the FDA

DTC tests that claim to provide only information such as a person's ancestry or genealogy are not regulated by the U.S. Food and Drug Administration (FDA). In February 2015, however, the FDA authorized marketing of the first DTC genetic test: 23andMe's Bloom Syndrome carrier test. This test can help determine whether a healthy person has a variant in a gene that could lead to his or her children inheriting this serious disorder.



Because of the complexities of such tests, both the FDA and Federal Trade Commission recommend involving a health care professional in any decision to use DTC testing, as well as to interpret the results.

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# BIOMEDICAL RESEARCH: WHAT IT IS AND WHO CONDUCTS IT

Biomedical research, as defined by the Organization for Economic Cooperation and Development (OECD), comprises:

The study of specific diseases and conditions (mental or physical), including detection, cause, prevention, treatment, and rehabilitation of persons.



The scientific investigation required to understand the underlying life processes that affect disease and human well-being, including areas such as the cellular and molecular bases of diseases, genetics, and immunology.



The design of methods, drugs, and devices used to diagnose, support, and maintain the individual during and after treatment for specific diseases or conditions.





Biomedical researchers are often categorized by the type of work they do, although some individuals perform several types of work and can be included in a number of categories. The types of biomedical researchers include, but are not limited to, the following:

Basic researchers study organisms, cells, molecules, or genes to gain new knowledge about cellular and molecular changes that occur naturally or during the development of a disease.



Clinical researchers conduct clinical trials; study a particular patient or group of patients, including their behaviors; or use materials from humans, such as blood or tissue samples, to learn about the way the healthy body works, disease,

or response to treatment(s).

Population scientists, such as epidemiologists, social and behavioral scientists, and health services researchers, study the patterns, causes, costs, and effects of health and disease conditions in defined populations, or the effects of interventions on these conditions. These areas of research are highly collaborative and can span the spectrum from basic to clinical to population-wide research.

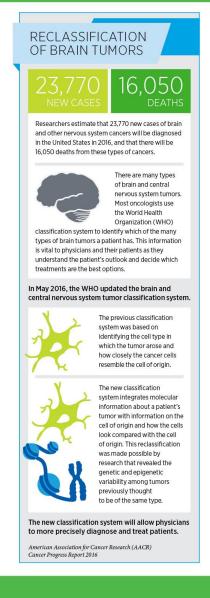
Physician-scientists care for patients and also conduct research. They may perform population, clinical, or basic research.



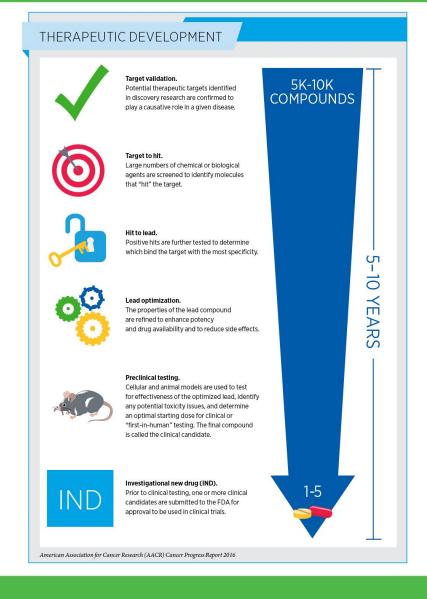
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Clinical trials evaluating potential new anticancer therapeutics have traditionally been done in successive phases, each with an increasing number of patients.



Phase I studies are designed to determine the optimal dose of an investigational therapy and how humans process it, as well as to identify any potential toxicities. These first-in-human studies can also demonstrate early efficacy, or clinical results.



Phase II studies are designed to determine initial efficacy of an investigational therapy in a particular disease or selected group of patients, in addition to continually monitoring for adverse events or potential toxicities.



Phase III studies are large trials designed to determine therapeutic efficacy as compared to standard of care (placebos are rarely used in cancer clinical trials). When successful, the results of these trials can be used by regulators to approve new therapeutics or new indications for existing therapeutics.



Phase IV studies are also known as post-marketing studies. They are conducted after a therapy is provisionally approved by the FDA and provide additional effectiveness or "real-world" data on the therapy.

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# FDA'S EXPEDITED REVIEW STRATEGIES

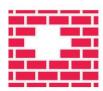
The U.S. Food and Drug Administration (FDA) has developed four evidence-based strategies to expedite assessment of the rapeutics for life-threatening diseases like cancer.



Accelerated approval. Accelerated approval is based on assessing the effect of a therapeutic at an earlier stage by using a surrogate endpoint. Any therapeutic approved in this way must undergo additional testing following approval to verify that it provides clinical benefit. Atezolizumab (Tecentriq) for the treatment of advanced urothelial carcinoma (the most common form of bladder cancer) was approved under this pathway in May 2016.



**Fast track.** This designation is given to therapeutics that fill an unmet medical need and can be granted solely on the basis of preclinical data or data from nonhuman studies. Fast track applications may be evaluated through a "rolling" or continual review procedure, rather than waiting until study completion. Nivolumab (Opdivo) for the treatment of advanced renal cell carcinoma (the most common form of kidney cancer) was approved through fast track in November 2015.



**Breakthrough therapy.** A therapeutic that shows substantial improvement over available treatment in early clinical studies can receive breakthrough therapy designation, making it eligible for all features of fast track designation (see above) and additional guidance from the FDA throughout the drug development process. One example of a therapeutic that was FDA approved, in April 2016, after receiving a breakthrough therapy designation is venetoclax (Venclexta) for the treatment of chronic lymphocytic leukemia.



**Priority review.** Therapeutics that have the potential to significantly improve safety or effectiveness may be granted priority review after all clinical trials are completed. This allows the therapeutic to be assessed within 6 months as opposed to the standard 10 months. Alectinib (Alecensa) was granted priority review and approved in December 2015 for the treatment of certain patients with lung cancer.

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# USING RADIATION IN CANCER CARE

There are two major uses of ionizing radiation in the diagnosis and treatment of cancer. Radiotherapy, or radiation therapy, uses high-energy radiation to control



and eliminate cancer, whereas radiology largely uses lower-energy radiation to image tissues in order to diagnose disease or treat disease via the minimally invasive techniques used in interventional radiology.

## **RADIOTHERAPY**



Radiotherapy is the use of high-energy rays (e.g., gamma rays and X-rays) or particles (e.g., electrons, protons, and carbon nuclei) to control or eliminate cancer.



It works chiefly by damaging DNA, leading to cell death.

# TYPES OF RADIOTHERAPY

EXTERNAL BEAM RADIOTHERAPY directs radiation at the tumor from outside the body; it is the most common form of radiotherapy. Standard linear accelerators use electromagnetic fields to accelerate electrons, which can be used directly or collided with a metal target to generate high-energy X-rays. Electrons and photons (X-rays) are the most common sources of radiation in external beam radiotherapy.



Conventional (2-D) external beam radiation therapy delivers a high-energy X-ray beam from one or multiple directions. Imaging of the treatment area is typically performed using low-energy diagnostic X-rays. It is chiefly used in settings where high precision is not required, such as in the treatment of



3-D conformational radiotherapy (3DCRT) uses specialized imaging, usually computed tomography (CT) and/or magnetic resonance imaging (MRI) and planning software, to deliver high-energy X-rays via multiple beams that more precisely fit the shape and size of the tumor.



Intensity-modulated radiotherapy (IMRT) is a further refinement of 3DCRT that more precisely focuses and shapes the radiation by dividing each beam into many "beamlets," each of which can have a different intensity. IMRT is particularly useful when a sharp dose gradient is required between the tumor and sensitive tissues, for example, the optic nerves.



Intraoperative radiation therapy uses electron beam (superficial) radiation directly on tumors that have been exposed during surgical procedures



Stereotactic radiotherapy is used in both stereotactic surgery (SRS) and stereotactic body radiotherapy (SBRT). It uses many (typically more than eight) beams with a highly sophisticated imaging system to direct radiation to very well-defined smaller tumors. Typically, SRS is used to treat tumors of the brain and central nervous system, whereas SBRT can be used on small tumors within larger organs of the body.

#### PARTICI E THERAPY

uses protons or carbon ions rather than X-rays as the source of energy. In contrast to X-rays that pass through the body, losing energy and causing damage to the noncancerous tissues through which they pass, these heavier particles deposit most of their energy in the target. In this manner particle therapy can deliver higher doses with less damage to surrounding tissue. Although of great interest. proton facilities are much more expensive than traditional facilities, and the overall benefit to the patient is still being determined.

# **USES OF RADIOTHERAPY**



Radiotherapy is often used serially with surgery, chemotherapy, and/or immunotherapy to control or eliminate cancer.

**CURATIVE** radiotherapy seeks to completely eliminate a cancer, particularly small cancers, as well as locally advanced cancers as part of combination therapy.

NEOADJUVANT radiotherapy is used to reduce or control a cancer so that it can be subsequently treated by a different method such as surgery.

ADJUVANT radiotherapy seeks to eliminate any remaining cancer following prior treatment.

PALLIATIVE radiotherapy is used to reduce or control symptoms of disease when cure by another method is not possible.

## TYPES OF RADIOTHERAPY



places small radioactive sources in or next to the tumor. There are two forms of brachytherapy.

#### Permanent implantation inserts

radioactive sources into the tumor; (e.g., placement directly into the prostate for the treatment of prostate cancer or into the tumor vasculature: see radioembolization below).

#### Temporary placement of

radioactive sources. In one form of this treatment, moderately active sources are placed for 1 to 4 days (e.g., in the treatment of soft-tissue sarcoma). In "high dose-rate" brachytherapy, a highly active source is inserted for a few minutes (e.g., in the curative treatment of cervical cancer).



# RADIOISOTOPE

Systemic ingestion or infusion of radioisotopes, which are natural or synthetic variations of elements that are unstable and emit high-energy rays as they stabilize, or radiolabeled therapeutics such as a therapeutic

respectively.

antibody. For example, the use of iodine-131 to treat thyroid cancer or yttrium-90 ibritumomab via the hepatic artery). (Zevalin) to treat non-Hodgkin lymphoma,

## INTERVENTIONAL RADIOLOGY



combines imaging with minimally invasive techniques designed to treat cancer locally.

Chemoembolization is a process by which therapeutic-coated particles are injected directly into the tumor vasculature in order to prevent blood flow and increase the therapeutic concentration

to very high levels.



Cryoablation is a technique wherein needles are directly inserted into the tumor and cooled to very cold temperatures, causing tumor cell death.

High-intensity focused ultrasound applies high-intensity focused ultrasound waves to locally heat and destroy tumors.

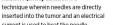
Microwave ablation uses microwa radiation to locally heat and destroy tumors.

Radioembolization is the injection of radioactive microspheres directly into the tumor vasculature (e.g., injection of yttrium-90 microspheres into a liver tumor



#### Radiofrequency ablation is a

inserted into the tumor and an electrical current is used to heat the needle. causing tumor cell death.

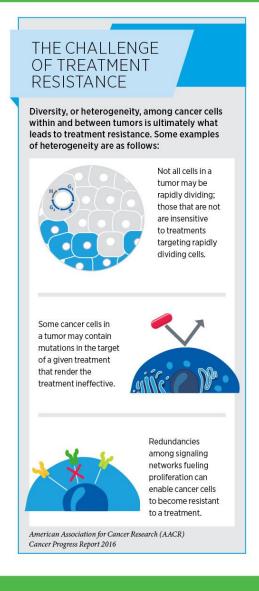




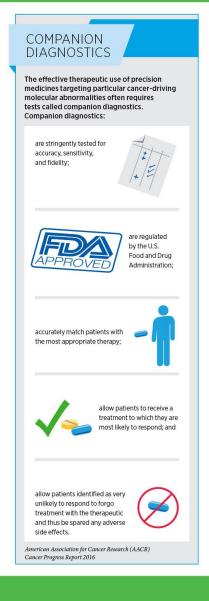
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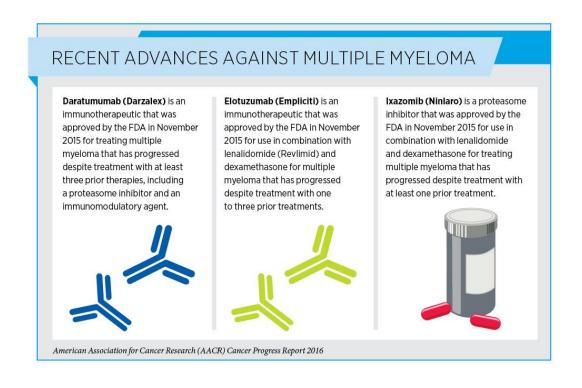




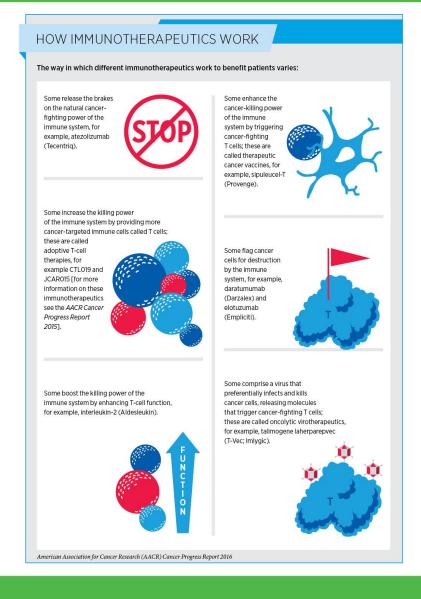




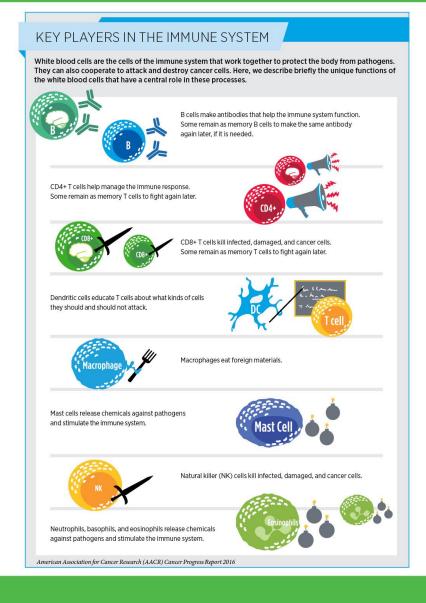




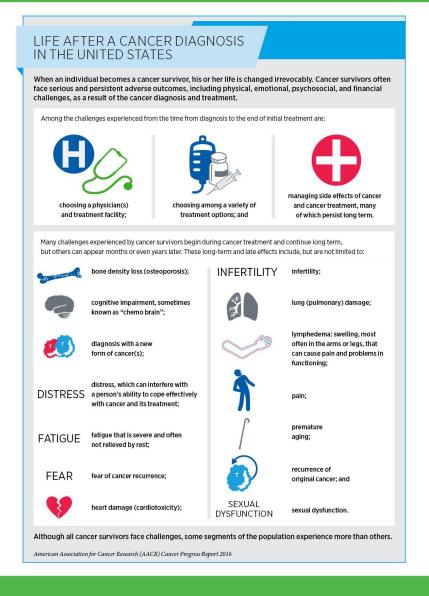




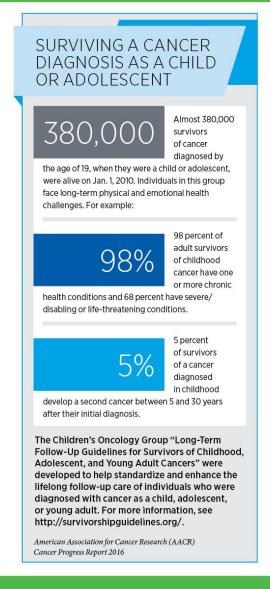














# WHAT IS PALLIATIVE CARE?

It is specialized care that provides an extra layer of support to patients with serious illnesses such as cancer and their families.

It is not the same as hospice care, because it can be given throughout a patient's experience with cancer, beginning at diagnosis and continuing through treatment, follow-up, survivorship, and end-of-life care.

It can be given in addition to cancer treatment or to those with no curative treatment options; palliative care given near the end of life is usually referred to as hospice care.

Palliative care addresses many of the challenges that can affect quality of life after a cancer diagnosis, including:

- · emotional challenges such as anxiety and depression;
- · physical symptoms and adverse effects of the disease and its treatment, such as pain, nausea, vomiting, fatigue, difficulty sleeping, and loss of appetite;
- · practical challenges such as navigating the health care system; and
- · spiritual challenges.

# WHO PROVIDES PALLIATIVE CARE?

Any health care provider can provide primary palliative care by addressing the adverse effects and emotional issues facing a patient with cancer, but some specialize in this area of patient care.

Palliative care specialists usually work as part of multidisciplinary team that includes doctors, nurses, registered dieticians, pharmacists, social workers, psychologists, and chaplains.

The palliative care team works alongside the physicians treating the patient's cancer.

# WHO CAN RECEIVE PALLIATIVE CARE?

Any patient diagnosed with a serious illness, such as cancer, including children.

The family members and friends of a patient diagnosed with a serious illness can receive palliative care to help provide them the support they need.

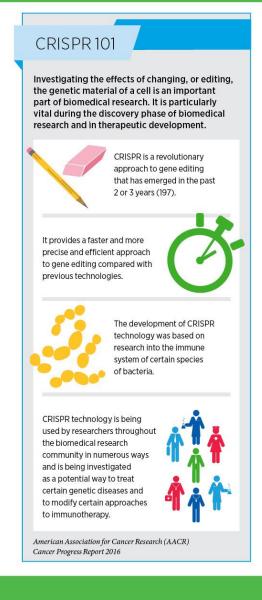
# WHERE CAN PATIENTS RECEIVE PALLIATIVE CARE?

Palliative care is most widely available in hospital settings, but a team can also provide it at home, over the phone, or in an outpatient clinic.

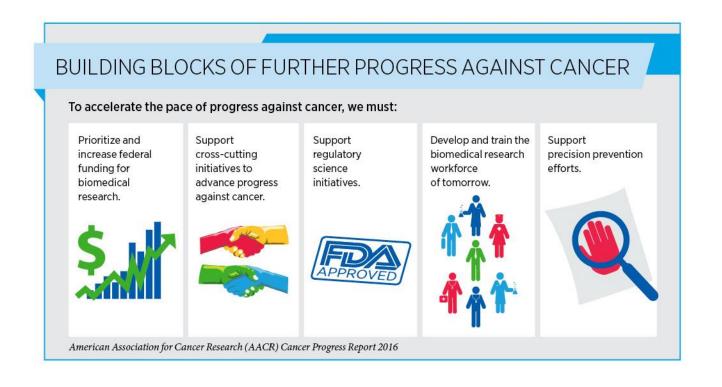
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AACR CANCER PROGRESS REPORT 2016

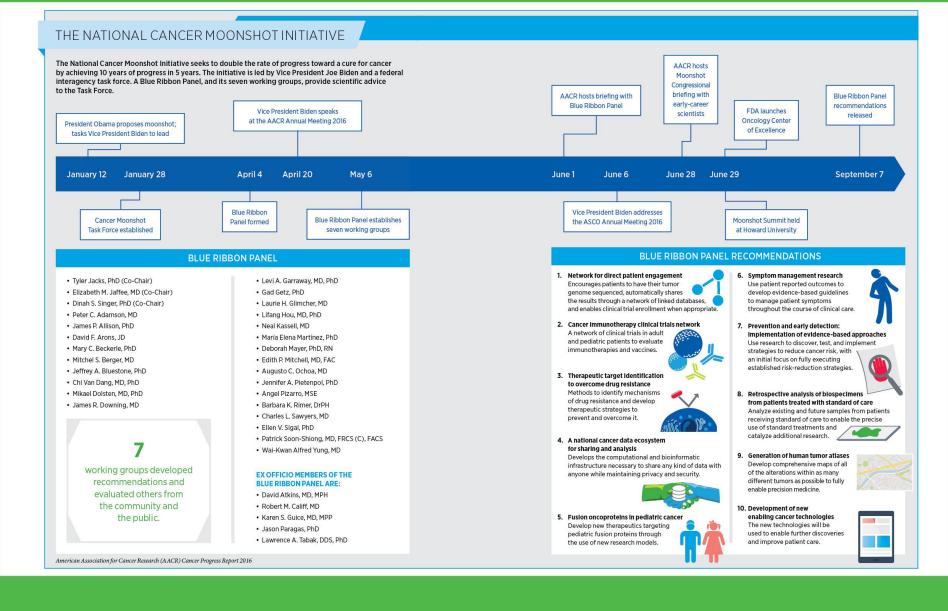
AACR American Association for Cancer Research















# FDA ONCOLOGY CENTER OF EXCELLENCE



On June 29, 2016, U.S. Food and Drug Administration (FDA) Commissioner Robert Califf announced the creation of a new Oncology Center of Excellence (OCE) at the FDA, and he appointed Richard Pazdur, MD, as acting director. This new center, which will play a key role in advancing the National Cancer Moonshot Initiative, will leverage the combined skills of regulatory scientists and reviewers with expertise in drugs, biologics, and devices to expedite the development of novel combination products for the benefit of patients with cancer. The new FDA OCE will bring staff from all the important areas of the cancer drug development process together to fuel the progress we are seeing today in preventing, detecting, and treating cancer.

American Association for Cancer Research (AACR) Cancer Progress Report 2016

