

HOW DO I KNOW IF I AM AT HIGH RISK FOR DEVELOPING AN INHERITED CANCER?

According to the National Cancer Institute, a person is at an increased risk of developing an inherited cancer if his or her personal/family medical history has one or more of the following features:

- **Cancer diagnosed at a younger age** than usual, such as colon cancer in a 20-year-old.
- **Multiple cancer types diagnosed in the same person**, such as a female with both breast and ovarian cancer.
- **Cancers diagnosed in both of a pair of organs**, such as both kidneys.
- **Several first-degree relatives with the same type of cancer**, such as a mother, daughter, and sisters with breast cancer.
- **Family members with breast or ovarian cancer.**
- **Family members with colon cancer and endometrial cancer.**
- **Several family members with cancer.**
- **Unusual cases of certain cancer types**, such as breast cancer in men.
- **Presence of birth defects** associated with inherited cancer syndromes.
- **Race or ethnicity** known to have increased risk of certain inherited cancer syndromes as well as one or more of the above features.

